

Rotary



# ***DISHA*** \* ದಿಶಾ

Rotary



UNITE FOR GOOD

**CLUB BULLETIN - DECEMBER 2025 VOL NO 6/2025-26**

**ROTARY CLUB OF MANGALORE EAST. RI DIST. 3181. ZONE 2. CLUB NO 31383**

<b>President</b> Rtn Raghavendra S	<b>Secretary</b> Rtn Deeraj Shetty	<b>IPP</b> Rtn Gopal Shetty	<b>Treasurer</b> Rtn N Vinod Kudva	<b>Sergeant at Arms</b> Rtn Pramod Kumar	<b>Vice President</b> Rtn Arun Kumar Shetty
<b>DIRECTORS</b>	<b>Club Service</b> Rtn Ramanath Shetty	<b>Vocational Service</b> Rtn Avinash Shetty	<b>Community Service</b> Rtn CA Hareesh Shetty	<b>International Service</b> Rtn Ashwatham Hegde	<b>Youth Service</b> Rtn Sadashiv Shetty



Rtn Paul Harris  
Founder of Rotary



Rtn Francesco Arezzo  
RJ President



Rtn Ramakrishna P K  
Governor RJ Dist 3181



Rtn Raghavendra  
Nellikatte  
(President RCME)

Rtn Pradeep Kumar K  
Editor "DISHA"

<b>CHAIRMEN</b>	<b>Membership Devt</b> Rtn Sharath Acharya	<b>District Projects</b> Rtn Jai Kumar Kolya	<b>Interact</b> Rtn M Jayaram Shetty
<b>Learning Facilitator</b> Rtn VKK Kalluraya	<b>Public Image</b> Rtn Maheshchandra Nayak	<b>TRF</b> Rtn Anand Shetty	<b>Pulse Polio</b> Rtn Dr Vasanth Kumar Shetty

## ***PRESIDENT...Speaks.....***

**Namasthe to all my fellow Rotarians,**



It is a great experience to represent our club as President and I am enjoying every bit of it. We had zonal outdoor games and cricket tournament during November month. Our Cricket team had done exceedingly well and won the tournament and getting ready to district sports event to held at Puttur on 6 & 7<sup>th</sup> of December. Our club had also done well at zonal outdoor games and won many medals. Congratulations to all participants. Congratulations to Rtn Panchami Shenoy, President Elect and Rtn Sharath Acharya, Secretary for the Rotary year 2027-28, on their selection as future leaders of our club. It will be great opportunity for you to serve as leaders of one of the vibrant club of our Rotary District 3181.

The prestigious event of the Rotary year, The District Conference will be held at Mysore On 30<sup>th</sup>, 31<sup>st</sup> January and 1<sup>st</sup> February 2026. So let us attend the gala event in large numbers.

**Yours in Rotary**  
Rtn Raghavendra Nellikatte  
(President 2025-26)



**WE MEET FORTNIGHTLY ON  
FIRST & THIRD THURSDAY  
7.30 PM @ TANDOR FAMILY  
RESTAURANT MANGALORE**



# Upcoming events



**ROTARY INTERNATIONAL CONVENTION**  
TAIPEI, TAIWAN | 13-17 JUNE 2026

Rotary District 3181 **#Rotary26**

Rotary District 3181 **Sneha Saurabha**  
2025-26

**ROTARY DISTRICT CONFERENCE 2025-26**  
30th, 31st January & 01st February 2026  
Silent Shores Resorts & Spa  
#85-87, BEML Road, Hootagalli, Mysore - 570018  
Register from your mobile phone  
[www.sneha2026.in](http://www.sneha2026.in)

Get ready for a spectacular celebration of unity, purpose and joy. The flagship event of Rotary District 3181 for the Rotary year 2025-26. This grand three-day event in Mysore promises an unforgettable experience for Rotarians, Rotaractors and their families. The event is designed to refresh your mind, energise your spirit and deepen the bonds of service and friendship.

**Registration Fees**

Rotarian	5,000
Rotarian + Spouse	8,000
Ann	4,000
Annet	2,000
Innerwheel Member	3,500
Guest	5,000
Rotaractor	2,500
Silver Donor	20,000
Silver Sponsor	25,000
Gold Sponsor	50,000
Platinum Sponsor	75,000
Patron Sponsor	1,00,000

For registration contact Rtn. Ramachandraraje Urs S - 9845912101

Rotary District 3181 **UNITE FOR GOOD**

**KHEL MILAN 2025**  
Rotary District Sports Meet  
**HOST : ROTARY CLUB PUTTUR EAST**

**FELLOWSHIP DINNER**

Date : Saturday 6th December 2025 | Time : 6.30 pm  
Venue : The Puttur Club, Maril, Puttur

- \* Prize Distribution (Badminton & Tennis)
- \* Draw Raffle Ticket
- \* A musical evening with fellowship Dinner

Note :  
\* Fellowship Dinner Prize Rs. 300/- (exempted for those who have purchased Raffle Ticket)  
\* Pay and Drink : (MRP)

13 – 17 June 2026 @Taipei Taiwan

30, 31 Jan & 1<sup>st</sup> Feb 2026 @ Mysore

Dist Sports @ Puttur on 6<sup>th</sup> & 7<sup>th</sup> Nov

Rotary District 3181 **UNITE FOR GOOD**

**KHEL MILAN 2025**  
Rotary District Sports Meet  
**HOST : ROTARY CLUB PUTTUR EAST**

**DISTRICT TENNIS**

Date : Saturday 6th December 2025 | Time : 3.00 pm  
Venue : The Puttur Club, Maril, Puttur

Reporting Time : 2.00 pm  
Match Start : 3.30 pm  
@ The Puttur Club, Maril, Puttur

Categories (Rotarians)  
\* Below 45 \* Above 45

**ENTRY FEES**  
Doubles Rs. 1000/- Per Team  
Singles Rs. 500/- Per Team

For Details Contact :  
Rtn. Narasimha Pai 9743703147

Rotary District 3181 **UNITE FOR GOOD**

**KHEL MILAN 2025**  
Rotary District Sports Meet  
**HOST : ROTARY CLUB PUTTUR EAST**

**DISTRICT BADMINTON TOURNAMENT**

Date : Saturday 6th December 2025 | Time : 9.00 am  
Venue : Sudana Sports Club, Samethadka, Puttur, D. K.

NOTE :  
Reporting Time: 8.00 am  
at Sudana Sports Club, Samethadka  
Breakfast : 8.10 to 8.45 am  
Match Start : 9.00 am

**ENTRY FEES**  
For Rotarians and Anns : Singles ₹ 250  
Doubles ₹ 500  
No Entry Fee for Annets

For Details Contact :  
Rtn. K. Prashanth Shenoy, 9900152971  
Rtn. Narasimha Pai, 9743703147

Rotary District 3181 **UNITE FOR GOOD**

**KHEL MILAN 2025**  
Rotary District Sports Meet  
**HOST : ROTARY CLUB PUTTUR EAST**

**INTRAZONE CRICKET TOURNAMENT (Zone 1 to 5)**

Date : Saturday 6th December 2025 | Time : 10.30 am  
Venue : St. Philomena College Ground, Darbe, Puttur

Reporting Time : 10.00 am  
at St. Philomena College Ground  
Darbe, Puttur

Match Start : 11.00 am

For Details Contact :  
Rtn. Ravi Kumar Rai 9845446184

Rotary District 3181 **UNITE FOR GOOD**

**KHEL MILAN 2025**  
Rotary District Sports Meet  
**HOST : ROTARY CLUB PUTTUR EAST**

**SWIMMING & ATHLETIC COMPETITION**

Date : Sunday 7th December 2025 | Time : 9.00 am  
Venue : Athletics @ St. Philomena College Ground, Darbe, Puttur  
Swimming @ Galavana Swimming Pool, Perladu, Puttur @ 7.30 a.m.

Reporting Time : 8.00 am  
at St. Philomena College Ground, Darbe, Puttur  
Breakfast : 8.10 to 8.45 am  
Match Start : 9.00 am

**ENTRY FEES**  
Large Club Rs. 2000/- Per Team  
Medium Club Rs. 1500/- Per Team  
Small Club Rs. 1000/- Per Team

**COAST TO CULTURE**  
An epic 16-day ride across Southern India  
REGISTER NOW!

5<sup>th</sup> - 21<sup>st</sup> Jan 2026

**Ride of Rotary 10<sup>th</sup> Edition**  
5<sup>th</sup> Jan 2026 to 21<sup>st</sup> Jan 2026

Rotary District 3181 **UNITE FOR GOOD**

**ROTARY DISTRICT 3181 AND ROTARY MANGALORE CITY PRESENTS**

**TREASURE HUNT 2025**  
SUNDAY 14TH DECEMBER, 2025  
THE HUNT BEGINS AT 9:00 AM

WIN ATTRACTIVE CASH PRIZES AND TROPHIES

Open to All!  
Each team must include at least one Rotarian or Ann as a compulsory member.

**ENTRY FEES**  
RS 1000/- PER TEAM

For Registration and more details, call:  
Rtn. Sajna Basker (President) 9845446184  
Rtn. Sumith Rao (Event Chairman) 9845446184  
Rtn. Padmanabha Nayak Sajji (Secretary) 9845446184

**District TREASURE HUNT 2025 on 14<sup>th</sup> Nov 2025**  
Hosted by Rotary club of Mangalore City

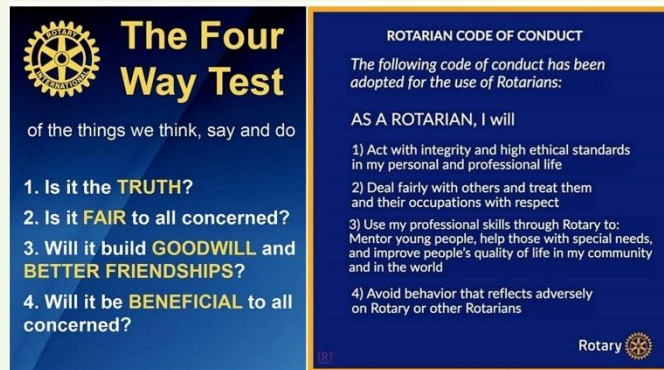


## Our mission

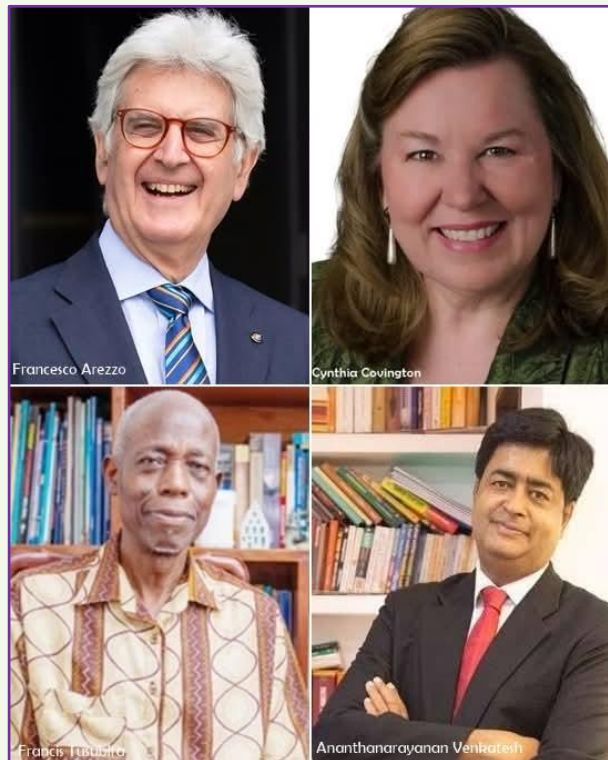
We provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders.

## Vision statement

Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.



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## RI Board elects 2026-30 Rotary Foundation Trustees

The Rotary International Bylaws provide that Rotary Foundation trustees are nominated by the president-elect and elected by the RI Board in the year before the trustees are to take office. At its October meeting, the Board elected the following members to serve as Rotary Foundation Trustees beginning 1 July 2026 to serve terms of four years each:

- Francesco Arezzo - the Rotary Club of Ragusa, Italy
- Cynthia Covington - the Rotary Club of South Jacksonville, Florida, United States
- Francis Tusubira - the Rotary Club of Kampala-North, Uganda
- Ananthanarayanan Venkatesh - the Rotary Club of Chennai Mambalam, India

## **ROTARY FOUNDATION RECEIVES HIGHEST RATING FROM CHARITY NAVIGATOR FOR 17TH CONSECUTIVE YEAR**

For the 17th consecutive year, The Rotary Foundation has received the highest rating — four stars — from Charity Navigator, the largest and most utilized independent charity evaluator in the United States.

The Foundation earned the recognition for adhering to sector best practices and executing its mission in a financially efficient way, demonstrating both strong financial health and commitment to accountability and transparency.

"We are delighted to provide the Rotary Foundation with third-party accreditation that validates their operational excellence," said Michael Thatcher, president and CEO of Charity Navigator. "The Four-Star Rating is the highest possible rating an organization can achieve. We are eager to see the good work that the Rotary Foundation can accomplish in the years ahead."

Charity Navigator analyzes overall nonprofit health and performance based on four key areas: Leadership & Adaptability to help donors understand if a charity has clarity of purpose, Accountability & Finance to explain if they are transparent and fiscally capable, Culture & Community to show how they engage with their constituents, and Impact & Results to explain what they have accomplished

### **TEJAS** ---- Rotary Institute 2025



Rotary Institute 2025, where past, present, and incoming district and senior leaders, alongside dedicated Rotarians, came together to foster collaboration, share insights, and exchange ideas about Rotary International and The Rotary Foundation. Took place in the vibrant city of Delhi across the iconic Yashobhoomi Convention Centre and the historic Manekshaw Centre from 14th November to 16th November 2025, this event was a significant gathering for Rotarians from Zones 4, 5, 6, and 7.

Governor Elect Learning Seminar(GELS) & Governor Nominee Learning Seminar(GNLS) was held from 11 to 13 November. From 14 to 16 November 2025, CSR Award, TRF Seminar, AKS Induction programmes were held. Renowned speakers and guests were there to enrich the gathering.





**UNITE  
FOR  
GOOD**

Rotary

This month's special issue of Rotary magazine is all about happiness, that most elemental of human yearnings. More than a feeling, though, this state of positive well-being, and the conditions necessary to create and sustain it, should be considered a universal right.

December also marks Rotary's Disease Prevention and Treatment Month, when we highlight our members' work to promote health and wellness, including mental wellness. Globally, nearly 1 in 7 people have a mental health disorder, according to a recent World Health Organization report. Yet only 9 percent of people with depression receive adequate treatment.

We are fortunate in Rotary to have a powerful way to support emotional well-being and happiness: friendship. The connections we build in Rotary can be a powerful force for change. I know this from personal experience.

When my fellow members first proposed that I become club president, I demurred. I had a stutter. I was terrified of speaking. But having club members who supported me and surrounded me with affection enabled me to face my fear, and I found a way to stand confidently before a crowd.

Today, I regularly address audiences — some numbering in the thousands — in a language that is not native to me. The Rotary members in my life helped me create lasting change within myself.

That fellowship gives us the courage and means to create lasting change in the world as well, and mental health services are in desperate need of improvement. The WHO reports that governments on average devote only 2 percent of their health budgets to mental health, and only 11 percent of that funding reaches community-based services. In some countries, only one trained mental health professional is available for every 100,000 people. The WHO has called for strategic and urgent action to close the gap.

Rotary can answer that call by championing mental health awareness in our clubs, working with local health systems, funding training for community health workers, and supporting initiatives that bring care to places where none exists. Even small investments in mental health yield enormous returns in productivity, public health, and happiness.

While we are creating lasting change in the world, we cannot forget to take care of each other. Past RI President Gordon McInally wisely reminds us that we must go beyond asking, "How are you?" We owe it to each other to instead ask, "How are you *really*?"

As we transition to a new year filled with new possibilities, let us *Unite for Good* — for healing, friendship, and access to happiness.

Francesco Arezzo  
President 2025-26

Do the best you can, until you know better..... Maya Angelou

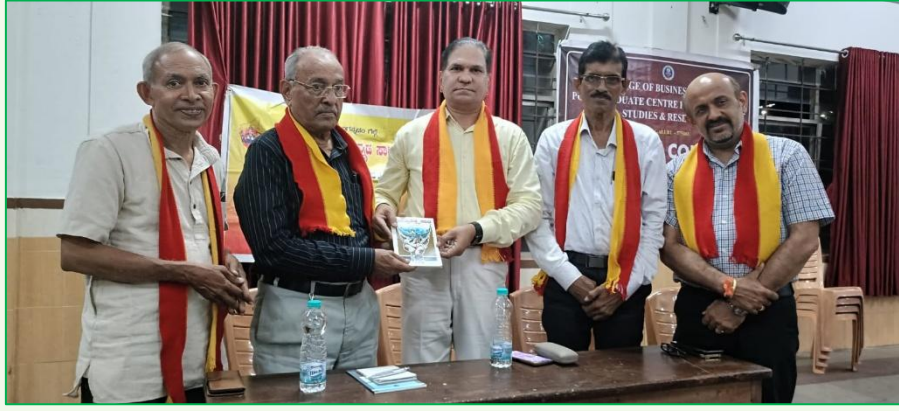
## Our Club members in NEWS



"Excellence in Co working and Enterprise office Space" Award at the prestigious ET Now Business Conclave and Awards-2025 Mangaluru Edition.

**Congratulations to**

Rtn Mahesh Shetty, Partner  
M/S Vertex Managed Workspace



ದಕ್ಷಿಣ ಕನ್ನಡ ಜಿಲ್ಲಾ ಕನ್ನಡ ಸಾಹಿತ್ಯ ಪರಿಷತ್ತು ಮಂಗಳೂರು ತಾಲೂಕು ಘಟಕದ ವತಿಯಿಂದ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವದ ಪ್ರಯುಕ್ತ ಜರುಗಿದ ಕನ್ನಡ ಸಾಹಿತ್ಯ, ಸಂಗೀತ ಸಂಭ್ರಮ ಕಾರ್ಯಕ್ರಮದ ಮುಖ್ಯ ಅತಿಥಿಯಾಗಿ ರೊ| ಚಂದ್ರಶೇಖರ ದೈತೋಟ ಭಾಗವಹಿಸಿದರು.



Congratulations to AG zone II 2025-26 Rtn Shantharam Shetty for receiving "Humanitarian Excellence & Service Leadership" Award at the ET Now Business Conclave & Awards 2025 - Mangaluru Edition.

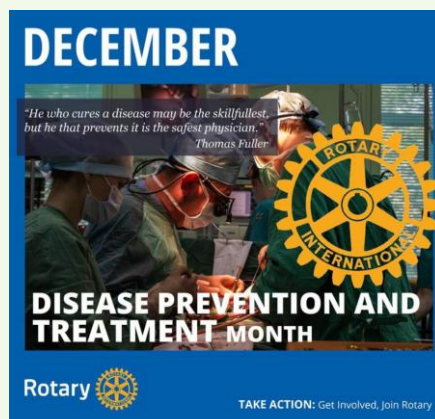


Asianet Suvarna News (ಏಷ್ಯಾನೆಟ್ ಸುವರ್ಣ ನ್ಯೂಸ್ - ಕರ್ನಾಟಕದ ಪ್ರಮುಖ ಕನ್ನಡ ಸುದ್ದಿ ವಾಹಿನಿ) broadcasted Interview of Rtn CA Shantharam Shetty in their channel that allowed him to relive precious childhood memories and reflect on the struggles and triumphs that have shaped his journey along with his social activities

through Rotary Club of Mangalore East and Indian Red Cross Society.



## ROTARY Designated Month – DECEMBER -- Disease Prevention and Treatment



As the year winds down, December serves as a time to reflect on one of Rotary's core causes: Disease Prevention and Treatment. From eradicating polio to supporting mental health initiatives, Rotarians worldwide work tirelessly to improve health outcomes and build resilient communities.

Disease prevention is about more than healthcare—it's about education, access, and empowerment. Whether it's funding vaccines, providing clean water to prevent disease, or offering medical training in underserved areas, our collective efforts save lives and restore dignity.

This December, let's recommit to creating healthier futures. By working together, we not only treat illness but also tackle the root causes, ensuring lasting change.

### Activities and Focus Areas

Rotary clubs are encouraged to plan activities and projects that align with the goal of promoting health and wellness in local and global communities. Activities may include:

**Supporting Immunization Efforts:** Participating in or organizing immunization drives for preventable diseases such as measles and polio. Polio eradication remains Rotary's top priority.

**Hosting Health Camps and Clinics:** Setting up temporary clinics that provide basic healthcare, screenings (e.g., vision, hearing, dental), or blood donation centers in underserved areas.

**Promoting Health Education:** Leading initiatives to educate communities on proper hygiene, sanitation, and disease prevention methods, including the importance of early vaccination.

**Addressing Mental Health:** Organizing programs to raise awareness about mental health issues, help lift the associated stigma, and direct people towards proper treatment and support resources.

**Improving Infrastructure:** Designing and building the necessary infrastructure for doctors, nurses, and governments to deliver healthcare services effectively, particularly in developing regions.

**Funding and Sponsoring Projects:** Utilizing Rotary Foundation grants to support local or international projects focused on fighting diseases like malaria, HIV/AIDS, and water-borne illnesses.

**Collaboration:** Partnering with other organizations, NGOs, and local health departments to maximize impact and reach.

By focusing on these activities, Rotarians aim to combat disease, improve health outcomes, and build healthier, more peaceful communities worldwide.



## Our Club and Family members at Zonal Outdoor Games



Our Club got second Runner up prize at zonal outdoor Games held at Mangala Stadium hosted by Rotary club of Mangalore Central



## Stepping into New Role



*Congratulations to Annette Ruthu D/O Rtn Prakash Puttur and Ann Sowmya Prakash, who got into wedlock with Sri Vaishak on 7<sup>th</sup> November.*

*“Disha” with all members of Rotary club of Mangalore East family Wishes the couple a lifetime of love, happiness and prosperity as you both embark on this beautiful journey together.*

\*\*\*\*\*



### Congratulations

**Rtn Panchami Shenoy** on being selected as President Elect  
(President 2026-27)



### Congratulations

**Rtn Sharath Acharya** on being selected as Secretary  
Nominee  
(Secretary 2027-28)

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## Achievers



**Annette Rakshith Kumar J** S/O Rtn Jaikumar and Ann Vathsala has been awarded “The Best Management Student award” by the prestigious Goa Management Association. Congratulations to Rakshith for his achievement and we acknowledge the hard work, support of the proud parents.





## Peace Fellows

### Peace Fellows: The process

Rotary Peace Fellows study disciplines related to peace and development at one of Rotary's partner universities. The process by which Rotary selects peace fellows is rigorous. Rotary and Rotaract members can identify possible fellowship candidates in their social and professional networks, nearby universities, local governments, and non-governmental organizations. Members can send potential candidates information about the program using this referral form.

Rotary and Rotaract clubs can also work with their district Rotary Peace Fellowship subcommittee chairs or district Rotary Foundation chairs to recruit and recommend candidates. Learn about candidate eligibility and qualifications. Applicants should be early- or mid-career professionals with peace and development expertise and potential for future growth and impact as leaders in the field.

Candidates must complete an online application. To learn more about Rotary and get help with the application process, they can use the Club Finder tool to connect with a local or online club. Candidates are required to be proficient in English, have bachelor's degrees, and meet other requirements.

Rotary International staff members, trained Rotary members and alumni, and university partners review fellowship applications. The review teams look for eligible candidates who have relevant experience and demonstrate a commitment to peace and development, leadership and impact potential, academic achievement, and other qualities. Rotary peace center committee members and university partners select the finalists, who are then referred to trustees of The Rotary Foundation for approval.

Fellowships cover tuition and fees at a Rotary Peace Center along with room and board, round-trip transportation, and internship and field study expenses.

### Zonal Cricket Tournament



Our club was the champion of zonal cricket tournament held at Padavu High School grounda on 16<sup>th</sup> of Nov Hosted by Rotary Club of Mangalore South

Rtn Bhojaraj Shetty was the best batsman, Rtn Vinod Kallega was the best bowler and Rtn Rahul was the Man of the tournament. Congarulation to the captain Rtn Pandurang Shetty and all team members.

Our club members Rtn Mahesh Shetty,Managing Partner, Mukund MGM Realty & Vertex workspace Mangalore and AG Rtn CA Shantharam Shetty were chief guests of the inauguration function.



Rotary for you

**Rotary Action Groups** are independent, Rotary-affiliated groups made up of people from around the world who are experts in a particular field, such as economic development, peace, addiction prevention, the environment, or water.

Action groups offer their technical expertise and support to help clubs plan and implement projects to increase our impact, one of Rotary's strategic priorities. This support includes helping clubs find partners, funding, and other resources. Action groups can also help clubs and districts prepare grant applications, conduct community assessments, and develop plans to monitor and evaluate their projects.

Anyone who wants to share their expertise to make a positive difference can join an action group. Only Rotarians, Rotaractors, and Rotary Peace Fellows can serve in leadership roles.

### Introduction

Rotary Action Groups are international Rotary-affiliated groups whose members have subject-expertise and/or experience in a particular area of specialization. They use their knowledge, passion, and global network to support Rotary and Rotaract clubs, districts, and multidistricts in planning and implementing impactful humanitarian service projects. By bringing expertise, partners, funding resources and best practices to projects, they help clubs scale up smaller projects to larger, higher impact, more sustainable initiatives.

### Historical Background

The Rotary Action Groups program was created in 2005 when service-oriented Rotary Fellowships, consisting of members with subject-matter expertise, distinguished themselves from hobby and vocationally networking-focused Rotary Fellowships. The Rotary International Board of Directors created governing policies for Rotary Action Groups, which defined the purpose of these groups and their relationship with Rotary International and volunteers. When the Rotary Action Groups program was first created, groups were expected to develop and implement their own international signature programs. While the majority of action groups provide technical consultation on club and district-led service initiatives today, some groups still implement a signature program and focus their efforts on scaling that program.

## MEETINGS



Rtn Rajn Nambiar had visited Rotary club of Kasaragod Kerala RI Dist 3212 recently and the exchanged Rotary flag with that club. He handed over the flag of Rotary club of Kasaragod to our club President Rtn Raghavendra during the club meeting.

Rtn Mahesh Shetty, Managing Partner, Mukund MGM Realty & Vertex workspace Mangalore made his classification talk during our regular meeting.





## National Immunization Day



India has been polio free for more than 14 years. While the polio free certification of India on 27 th March 2014 is a commendable accomplishment, transmission of wild polio virus continues to effect globally, including in some of India's neighboring countries, raising the risk of disease importation. To maintain polio free status and as per recommendations of the India Expert Advisory Group on polio, National Immunization Day (NID) is to be conducted covering children upto the age group 0 - 5 years. In this regard it is decided to conduct NID for Polio on 21 st December 2025 using bivalent Oral Polio vaccine.



Our Club members at District Seminar of The Rotary Foundation held at Puttur



At District Cultural competition held at Moodabidri, hosted by Rotary Club of Moodabidri Temple Town, our club's Participant Ann Divya D Pai got second place in women solo singing and Rtn Akhil D Pai with Ann Divya D Pai won third prize in duet singing. Congatulations to both of our family members.

### Happy Birthday to

- |  |        |
|--|--------|
| 1. Ann Vanitha w/o Rtn Nithyananda Shetty                  | 4-Dec  |
| 2. Rtn Mahesh Shetty                                       | 9-Dec  |
| 3. Rtn Deeraj Shetty                                       | 9-Dec  |
| 4. Ann Nishmitha w/o Rtn Sharath Acharya                   | 9-Dec  |
| 5. Annette Vamshith Shetty s/o Rtn Dr Vasanth Kumar Shetty | 13-Dec |
| 6. Rtn Sukesh Rai  | 14-Dec |
| 7. Annette Akash s/o Rtn VKK Kalluraya                     | 15-Dec |
| 8. Rtn M Jayaram Shetty                                    | 16-Dec |
| 9. Annette Thanmayi D/O Rtn Arun Kumar Shetty              | 19-Dec |
| 10. Rtn VKK Kalluraya                                      | 22-Dec |
| 11. Ann Shishira Shetty w/o Rtn Avinash Shetty             | 24-Dec |

### Happy wedding Anniversary to

- |                                   |         |
|-----------------------------------|---------|
| 1. Rtn Sukesh Rai & Raksha Rai    | 02 -Dec |
| 2. Rtn Pradeep Kumar & Ann Sindhu | 07 -Dec |